

MAPLE VALLEY
Recreation

guide

Winter 2013-2014

**NEW 4 page
City Newsletter
inside.**



**Winter Registration Begins:
December 2, 2013**

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NEW!



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Council Members:

- **Bill Allison**, Mayor
- **Victoria Laise Jonas**, Deputy Mayor
- **Linda Johnson**
- **Sean Kelly**
- **Layne Barnes**
- **Erin Weaver**
- **Noel Gerken**

Parks & Recreation

Commissioners:

- **Aaron Bubnick**, Chair
- **Sherie Credle**
- **Sarah Gilbert-Newell**
- **Eric Larson**
- **Dave Sanderson**, Vice Chair
- **Chris Tallman**
- **Pat Weiler**
- **Vacant**, Alternate

Parks & Recreation Staff:

Greg Brown
Parks & Recreation Director
Greg.Brown@maplevalleywa.gov

Mark Ratcliffe
Recreation Manager
Mark.Ratcliffe@maplevalleywa.gov

Tannley DeVincent
Parks Facilities & Lodge Manager
Tannley.DeVincent@maplevalleywa.gov

Deanna Parsons
Administrative Assistant
Deanna.Parsons@maplevalleywa.gov

Michael Henrich
Administrative Assistant
Michael.Henrich@maplevalleywa.gov

Joseph (Bobby) Quick
Recreation Coordinator
Bobby.Quick@maplevalleywa.gov

Sarah Lopeman
Lodge Maintenance
Sarah.Lopeman@maplevalleywa.gov

Jennifer Edelhauser
Recreation Leader II
Jennifer.Edelhauser@maplevalleywa.gov

Director's Message:

Greetings! The Parks and Recreation Department is currently working on updating the City's six-year comprehensive Parks, Recreation, Cultural and Human Services (PRCHS) Plan to reflect the community's current priorities and vision. The Plan creates a framework for fulfilling the vision for the Maple Valley Community to "provide a carefully and progressively integrated range of parks, recreation, cultural and human services."

The planning process is being run through the City's Parks and Recreation Commission from October 2013 through February 2014. Throughout this planning process, citizen input is crucial to make sure program goals and priorities are consistent with community needs and desires.

There will be several opportunities for residents to participate, including a telephone survey, an online survey and a public open house on January 8th before the plan is presented to the City Council for approval.

Continue to look to the City website www.maplevalleywa.gov for updates as we continue to work on this important community project to define the future of parks and recreation services in our City.

Greg Brown, Parks & Recreation Director



Print Version

eMail Version

This guide is a great place to advertise!

Your Ad will Reach 12,000+ Maple Valley households each issue, starting at \$300.
Call (425) 432-9953

Cancellation, Credit & Refund Policy

Please visit www.maplevalleywa.gov for our complete policy on class and program Cancellations, Credits & Refunds. Day Camp deposit fees are non-refundable with no exceptions. Day Camp fees can be transferred to another week if space permits less the deposit fee. All requests must be made two weeks in advance. Camp Fees are non-refundable with the exception of a medical condition.

Printed copies of the Recreation Guide available at:

- Lake Wilderness Lodge
- Lake Wilderness Golf Course
- Maple Valley Library
- Most TSD offices
- Greater MV Community Center
- Maple Valley City Hall
- Maple Valley-Black Diamond Chamber Office
- Wild Birds Unlimited - Covington

Southeast Regional Shuttle (SRS)



Call (425) 413-7433

Connecting Communities with a Ride and a Smile

Transportation is key to independent living in our community. Whether you need a ride to a medical appointment, shopping, class or just want to come to Lake Wilderness Lodge, Park or the Community Center.

Get Your Guide On The Go!

(scan QR Code)



Community Resources

- **City Hall**
(425) 413-8800
www.maplevalleywa.gov
- **Maple Valley Food Bank**
(425) 432-8138
www.maplevalleyfoodbank.org
- **Greater MV Community Center**
(425) 432-1272
www.maplevalleycc.org
- **Tahoma Learning Community**
(425) 413-3431
www.tahomasd.us/community
- **Maple Valley Library**
(425) 432-4620
www.kcls.org
- **Historical Society**
(425) 432-3470
www.maplevalleyhistorical.com
- **Lake Wilderness Arboretum**
(253) 293-5103
www.lakewildernessarboretum.org
- **Lake Wilderness Lodge**
(425) 432-9953
www.maplevalleywa.gov/
- **Maple Valley / Black Diamond Chamber of Commerce**
(425) 432-0222
www.maplevalleychamber.org



City's Public Parks

Lake Wilderness Park
22500 SE 248th Street

Take-A-Break Park
21849 SE Wax Road

Want your Recreation Guide via email?
Sign up at: www.maplevalleywa.gov/enotices

- Link directly to the City's website for more detailed descriptions on classes, events, and activities
- Visit advertiser's websites for information and discount offers
- Share information with your friends, family, and co-workers
- Get your copy first via email
- Print out coupons and offers included in each issue



Gender Equality Statement

The City of Maple Valley complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective date July 26, 2009) that prohibits discrimination against any person in a community athletics program on the basis of gender. Any questions or comments please contact the Maple Valley Parks and Recreation Department at (425) 432-9953.

Mission Statement

The Maple Valley Community will provide a carefully and progressively integrated range of parks, recreation, cultural and human services. The City shall endeavor to foster creative partnerships and be responsible to the evolving needs of a growing community.



Registration Options & Office Location

There are several ways to register for classes and programs with Maple Valley Parks & Recreation.

Ways to Register:

Online:

Register online at www.maplevalleywa.gov
There will be a link available on any of the programs/classes that we offer that has online registration.

Phone:

Visa/MasterCard ONLY
(425) 432-9953

Mail:

Send a completed registration form and payment to to:
City of Maple Valley Parks & Recreation
PO Box 320
Maple Valley, WA 98038

Fax:

Fax completed registration form and payment information to:
(425) 432-9974

In Person:

City of Maple Valley Parks & Recreation
(Offices Located at the Lake Wilderness Lodge)
22500 SE 248th Street
Maple Valley, WA 98038
Mon-Wed 8am-8pm
Thurs-Fri 8am-5pm
(425) 432-9953





My Gym Classes at Lake Wilderness Lodge

Maple Valley Parks & Recreation is very pleased to partner with My Gym to provide classes to help children exude pride and self-esteem as they accomplish skills through a time tested fitness and tumbling program. During our different age appropriate programs, the development of social skills is also emphasized, as the youngsters become good listeners, follow directions, cooperate in a group, and learn more about themselves. Many of our current and past students are involved in organized sports in parks and schools or study dance or martial arts. These classes introduce a wide range of physical skills and cooperative group activities that will prepare the students to excel in their preparation for any future activity. All classes are taught by one of the trained professionals on the My Gym staff.

Pay by Session: This guarantees your space in class! (\$10 per class)

Drop-ins: Individual drop-ins are welcome for \$15 per class, if space permits.

If paying by cash please bring the exact amount to the office prior to class, no change can be given.

Class card: 5 classes - \$65 if space permits.



Mommy & Me Tumbling

This stimulating program introduces balancing, tumbling, and agility skills, which help the children develop a love of physical activity and a sense of pride in their achievements.

Ages	Day	Dates	Times	Fee
6 - 19 months	TU	12/10 - 1/28	9:30-10:15a	\$80
6 - 19 months	TU	2/4 - 3/25	9:30-10:15a	\$80

Terrific Tots Tumbling

In addition to having fun with structured games, fascinating Adventures, and pre-gymnastics, our Terrific Tots learn beginning sports skills, gain fine and gross motor proficiency, and strengthen manipulative skills.

Ages	Day	Dates	Times	Fee
20M - 3yrs	TU	12/10 - 1/28	10:30-11:15a	\$80
20M - 3yrs	TU	2/4 - 3/25	10:30-11:15a	\$80

Whiz Kids Tumbling

The children build strength, balance, agility, flexibility and coordination in this program, as our instructors maintain a positive, supportive and noncompetitive atmosphere. Our Whiz Kids are showered with praise as they develop perseverance and self-control.

Ages	Day	Dates	Times	Fee
4-5	TU	12/10 - 1/28	3:30-4:15p	\$80
4-5	TU	2/4 - 3/25	3:30-4:15p	\$80

Champions Tumbling

This is the first age group at My Gym where perfecting form and mastering sports and gymnastic skills become priorities. During this program, the children learn to work hard and aim toward a goal.

Ages	Day	Dates	Times	Fee
6-8	TU	12/10 - 1/28	4:30-5:15p	\$80
6-8	TU	2/4 - 3/25	4:30-5:15p	\$80

Cardio Kids Fitness

Endurance and gross motor skills are increased through a series of exciting and dynamic activities. As we focus on specific muscle groups, utilize a 4-station circuit-training course, and add fun nutritional tips, our goal in this program is to instill health and fitness as a way of life. All children, regardless of their athletic abilities, will benefit greatly from My Gym's Cardio Kids program.

Ages	Day	Dates	Times	Fee
8 - 13	TU	12/10 - 1/28	5:30-6:15p	\$80
8 - 13	TU	2/4 - 3/25	5:30-6:15p	\$80



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YOUTH ACTIVITIES

Summer Day Camp Registration Opens March 17th

CAMP WILD - Maple Valley's popular and fun-filled day camp for children ages 6-11 returns in 2014 for its best year yet! This year's theme is "Blast from the Past"! It'll be a summer filled with incredible activities and fun trips.

CAMP WILD begins on June 23 and the fun keeps on going until August 22. That's 9 weeks of awesome out of the box fun with age appropriate activities every day. Camp is offered Monday- Friday 9:00am- 4:00pm at the Lake Wilderness Lodge and Park. Each week at **CAMP WILD** the children are introduced to a variety of activities that will be based around this year's "BLAST FROM THE PAST THEME" as well as everyday favorites such as: archery lessons, scavenger hunts, two field trips, geocaching, guest speakers, swimming, arts & crafts, games, nature walks, arboretum tours, canoeing and boat rides on the lake. Just to name a few!

Each week features TWO action packed field trips! Not only do participants get to enjoy two destination field trips but we also pride ourselves in exploring our gorgeous surroundings and will commonly stop at more than one place on a field trip to check out a new playground or stop for a Slurpee or fun treat. This is **CAMP WILD** after all! Field trip destinations and weekly themes will be available online after March 4th and in the next edition of this recreation guide.



The 2014 fee for an unforgettable week will be \$190.00. Parents also have the option to purchase before and after care for an additional (reasonable) fee. Camp has sold out every week for the past few years so please make sure to put March 17th on your calendar to sign up or make deposits to reserve your weeks. Each week is limited to 41 campers.

Camp sponsor:

PRO-TOW



MAKE A SPLASH!

at 18230 SE 240th St Covington, WA 98042 | 253-480-2480



American Red Cross
Swimming Lessons

Water Exercise Classes

Public Swims

Pool Parties

Lap Swims

Covington
Aquatic
Center

Don't miss out on other Covington Parks and Recreation Department activities and recreation classes. Visit www.CovingtonWA.gov/REC for more information or call 253-480-2480.



Covington
parksand recreation



www.CovingtonWA.gov/CAC



NEW!

Winter Kidz Love Soccer Classes – New indoor classes added!

All levels are welcome to come and enjoy learning the world's most popular sport! Kidz Love Soccer provides children with the positive framework whereby all players are nurtured, built up, and developed as young athletes. A typical class session includes age-appropriate soccer activities: warm up, skill introduction, fun games and instructional scrimmages always conducted in a non-competitive, recreational format led by the professional KLS staff. Shin guards are required after the first class (except Mommy/Daddy & Me). **Hotline – 1-888-372-5803** info@kidzlovesoccer.com.



Mommy/Daddy & Me Soccer

Introduce your toddler to the world's most popular sport! As you and your child participate in our fun, age-appropriate soccer activities, your child will be developing their large motor skills and socialization skills. The fun happens in the gym and parents are part of the action!

Instructor: Kidz Love Soccer staff

Ages	Day	Dates	Times	Fee
2-3.5	W	1/29-3/26	4:30-5:00p	\$82
No class: 2/19				

Pre Soccer

Teaches the basic techniques of the game with an increased emphasis on teamwork as well as individual skill development. Basic soccer rules and game mechanics are introduced at this level. Children learn to follow instructions and build self esteem through participation in fun soccer activities. *Instructor: Kidz Love Soccer staff*

Ages	Day	Dates	Times	Fee
4-5	W	1/29-3/26	5:40-6:15p	\$82
No class: 2/19				

Tot Soccer

Little tots will begin learning the game and developing large motor skills, balance & eye-foot coordination. They'll enjoy high-energy action, running and kicking just like the big kids! Encourages participation and good sportsmanship through fun soccer games and introduces small kids to the group setting. *Instructor: Kidz Love Soccer staff*

Ages	Day	Dates	Times	Fee
3.5-4	W	1/29-3/26	5:10-5:40p	\$82
No class: 2/19				

Soccer 1

Players will expand on their techniques learned in Pre Soccer while dribbling, passing, receiving, shooting and defending. Fun skill games, where each participant has a ball at his or her feet, are played at every class. Small-sided scrimmages are introduced gradually. *Instructor: Kidz Love Soccer staff*

Ages	Day	Dates	Times	Fee
5-6	W	1/29-3/26	6:15-7:00p	\$82
No class: 2/19				



Youth T-Ball League – Registration Opens March 17th

Maple Valley Parks & Recreation's popular T-Ball league for boys and girls (ages 3-6) returns this spring. We welcome Thrive Fitness back again as the league sponsor. This introductory league is made up of two age divisions: 3/4 and 5/6. Teams practice once a week at Lake Wilderness Park with Saturday games beginning in May. Players will learn teamwork and baseball basics in a non-competitive atmosphere from volunteer coaches. Team t-shirt, hat and ball included with \$66 registration fee. Registration deadline is March 28, 2014 or when league fills. Please sign up to coach a team.

Own a T-Ball team! Businesses can sponsor a team for as little as \$175 for the season which includes a company logo printed on the front of the team's t-shirts and on the league wide schedule as well as the City's website. For more information about coaching or sponsoring a team please email Bobby at Bobby.Quick@maplevalleywa.gov. Save \$50 by sponsoring a team in the spring (T-Ball) and one in the fall (Pee Wee Soccer) for \$300.

Ages	Day	Dates	Times	Fee
3-6	SA	5/3-6/28	10a-5p	\$66





Parents need a "Date Night"
and we're here to help.

NEW!

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Parents' Night Out

Can't remember the last time you ate a meal out without your kids? Or the last movie you saw in the theatre? You need a date night and

we're here to help. It's a drop-off date night babysitting program which is so much fun; your kids will think you're doing it for them. You might even call it Kids' Night Out!

City of Maple Valley Parks & Recreation professional staff will host this Parents' Night Out program on select Saturday's. While you are off at the movies and/or at dinner your kids will be enjoying age appropriate... games, pizza, crafts activities, reading, homework, group projects, videos, snacks and much more!

Note: Online Reservations are strongly recommended; once the maximum limit is reached no additional kids will be accepted. Last Minute reservations can be made less than 24 hours in advance to 206-941-9662. We strive to maintain a 10-1 (participant to staff) ratio at all times. For more information contact Jen Edelhauser at Jennifer.edelhauser@maplevalleywa.gov or 425-432-9953.

Note: the fee covers the entire 6:00 – 10:30 PM time period – it does not matter when you drop off or pick up as long as it is during program hours.



Ages	Day	Dates	Times
4-11	SA	12/14 & 21, 1/18, 2/14 (Friday), 3/15	6:00–10:30 PM

Fee: Cost: \$25 per child + \$15 per sibling or friend (up to 3)

Youth DaCrew™ Dance Fitness for Kids

Rizzmic® is proud to present its' new All American Dance Fitness format for kids, DaCrew™! Join Cory Crawford for 40 minutes of wiggling to the best music in American pop culture; from jazz and country to disco and hip hop. Students should wear comfortable clothes and tennis shoes and bring a water bottle. Contact cory@rizzmic.com with any questions or check out www.rizzmic.com for more information regarding DaCrew™. **Instructor: Cory Crawford**

Monthly Session Fee: Guarantees your space in class. \$5/class
Drop in: \$6 – participation on a space available basis.

10 Class Punch Card: \$45– participation on a space available basis.

Ages	Day	Dates	Times	Fee
6-12	M	1/6-27	4:30-5:10p	\$15
6-12	M	2/3-24	4:30-5:10p	\$15
6-12	M	3/3-31	4:30-5:10p	\$25

No Class offered on 1/20 and 2/17



Youth Art Classes

Art Attack for Youth!

In this fun-filled workshop you will use your imagination and expand your knowledge of art. You will play with cloth, paper, and scissors to make collages and assemblages. How about using a gel printing plate to create prints suitable for framing or as gifts? Students will learn free-motion stitching and how it can be used in many art forms. Like dogs? We will learn how to draw several different breeds of dogs using charcoal and oil pastels as your medium. This class will explore the exciting process of making decorative paper and will also venture into journaling and sketching in your own travel notebook. Classes held at Lake Wilderness Lodge.

Instructor: Cathi Christianson

Ages: 5-14
Day: F
Dates: 12/6 -12/20
Time: 3:30-4:30p
Fee: \$42

Ages: 5-14
Day: W
Dates: 1/8 -1/29
Time: 5:30-6:30p
Fee: \$56

Ages: 5-14
Day: W
Dates: 3/5 -3/26
Time: 5:30-6:30p
Fee: \$56

Winter Break Youth Art Camp

In this 4 day art camp you will be making winter themed art; oil pastel cityscapes with snow, winter birch tree paintings, pine scented candles, balloon and yarn snowballs, craft stick snow people, and more. Campers should bring a lunch and something to drink. Be sure to register early – this camp tends to fill up! Classes held at Lake Wilderness Lodge. **Instructor: Cathi Christianson**

Ages: 5-13
Day: TU-F
Dates: 2/18-21
Times: 11a-2p
Fee: \$120

A \$10 supply fee is to be paid to instructor on the first day of class.



Youth Dance Classes

Alexandra Dance Academy & Elevation Dance Company

Maple Valley Parks and Recreation is excited to team up with Alexandra Dance

Academy to offer daytime dance classes for children ages 2-6. Owner Alex Wright is thrilled to have an opportunity to help students explore movement and creativity in an environment that is fun and positive as well as educational.



Alex has a bachelor's degree in dance and a Master's degree in education. She has ten years' experience teaching varying genres of dance to students between the ages of 2 and 18 in recreational and competitive settings. Teaching dance is Alex's greatest passion, and she loves having an opportunity to share her knowledge with young dancers in Maple Valley. Students will have the option of participating in a culminating recital at the end of the session (date/time to be determined). Students choosing to participate should pay a \$20 costume fee to the instructor.

Need more information about classes? Like Alexandra Dance Academy on Facebook (facebook.com/AlexandraDanceAcademy) or e-mail Alex at alexandradanceacademy@gmail.com

Creative Movement/Tap

In this class, 2-year-olds will be introduced to dance through movement exploration activities and basic tap steps. For the first half of class, students will wear tap shoes for tap dancing fun! During the second half of class, students will learn creative movement and ballet steps through use of fun music and props as well as imaginative dance exercises. Ballet and tap shoes required. Dress code: dance apparel (leotards, tights, tutus, etc.)

Instructor: Alex Wright

Ages	Day	Dates	Times	Fee
2	W	12/11 – 3/19	10-10:40a	\$120
2	TH	12/12 – 3/20	9-9:40a	\$120
No class 12/25, 12/26, 1/1, 1/2, 2/19, 2/20				

Boys Tap/Hip Hop

Is your boy interested in taking a dance class? This class is a great opportunity to get moving with a combination of tap and hip hop! Students will have the chance to make a ton of noise and have fun while they explore rhythm as well as basic tap steps and phrases. They will also learn basic hip hop steps with fun, current music! Students will have the option of participating in a culminating recital at the end of the session (date/time to be determined). Students choosing to participate should pay a \$20 costume fee to the instructor.

Instructor: Alex Wright

Ages	Day	Dates	Times	Fee
3-6	TH	12/12 – 3/20	1-1:40p	\$120
No class 12/26, 1/2, 2/20				

Ballet/Tap

In this class, little dancers will have the opportunity to learn and build on the basics of ballet and tap dance. For the first half of class, students will explore rhythm as well as basic tap steps and phrases. During the second half of class, students will learn ballet steps and vocabulary through use of fun music and props as well as imaginative dance exercises. Students will have the option of participating in a culminating recital at the end of the session (date/time to be determined). Students choosing to participate should pay a \$20 costume fee to the instructor. Ballet and tap shoes required. Dress code: dance apparel (leotards, tights, tutus, etc.)

Instructor: Alex Wright

Ballet/Tap Basics– Wednesdays

Ages	Day	Dates	Times	Fee
3-4	W	12/11 – 3/19	11-11:45a	\$120
4-6	W	12/11 – 3/19	9-9:45a	\$120

Ballet/Tap Basics – Thursdays

Ages	Day	Dates	Times	Fee
3-4	TH	12/12 – 3/20	10-10:45a	\$120
4-6	TH	12/12 – 3/20	2-2:45p	\$120
No class 12/25, 12/26, 1/1, 1/2, 2/19, 2/20				



Oooops!

Sometimes courses are cancelled because people wait too long to register. Register early to avoid disappointment!

Witte Road
Corridor Plan
Update.

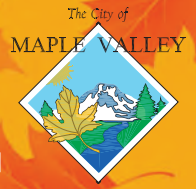
City Annexation
of Summit Place.

Lake Monitoring
Continues
Year-round.

City Council
Meeting
Schedule
Update.

City Office
Closing Dates
and Directory.

Follow the City
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CITY OF MAPLE VALLEY NEWSLETTER

leaves

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ISSUE 56 • DECEMBER 2013 • FOLLOW US



Lake Wilderness & Mount Rainier

photo by Noel Gerken

CITY COUNCIL



Mayor
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POSITION #2



Deputy Mayor
VICTORIA LAISE JONAS
POSITION #6



Councilor
SEAN KELLY
POSITION #1



Councilor
LAYNE BARNES
POSITION #3



Councilor
ERIN WEAVER
POSITION #4



Councilor
NOEL GERKEN
POSITION #5



Councilor
LINDA JOHNSON
POSITION #7

Enjoy the Arboretum year-round.

Come and enjoy the Lake Wilderness Arboretum throughout the year.

Explore 42 acres of showcase display gardens and walking trails in the forest reserve.

Open daily from dawn to dusk, the Arboretum is located at 22520 SE 248th in Maple Valley and entrance and parking are free to the public.



photo by Sally Halvorsen

The Arboretum's popular Hellebore Tea is scheduled for March 2014. Check the website for details at www.lakewildernessarboretum.org or contact info@lakewildernessarboretum.org

Preparation for Winter Storms and Extreme Cold

Before:

As winter approaches, prepare for winter storms.

- Add the following to our emergency kit:
<http://www.ready.gov/build-a-kit>
 - Rock salt or more environmentally safe products to melt ice on walkways. Visit the Environmental Protection Agency for a complete list of recommended products.
<http://1.usa.gov/1eNpud4>
 - Sand to improve traction.
 - Snow shovels and other snow removal equipment.
 - Sufficient heating fuel. You may become isolated in your home, and regular fuel sources may be cut off. Store a good supply of dry, seasoned wood for your fireplace or wood-burning stove.
 - Adequate clothing and blankets to keep you warm.
- Make a Family Communications Plan. Your family may not be together when disaster strikes, so it is important to know how you will contact one another, how you will get back together and what you will do in case of an emergency.
<http://www.ready.gov/make-a-plan>
- Listen to a NOAA Weather Radio or other local news channels for critical information from the National Weather Service (NWS). Be alert to changing weather conditions.
- Minimize travel. If travel is necessary, keep a disaster supplies kit in your vehicle.

continued on page 4 >

Upcoming Events



Holiday Tree Lighting
at Lake Wilderness.
Wednesday, Dec. 4, 2013
6-8pm, Everyone is welcome.



Maple Valley Food Bank
Children's Christmas Gift
Program - deadline is
Sunday, Dec. 15, 2013
www.maplevalleyfoodbank.org



Lake Wilderness Lodge
Bridal Wedding Open House
Saturday, Feb. 22, 2014
10am - 4pm



Lake Wilderness Arboretum
Learn more at: www.lakewildernessarboretum.org

Witte Road Corridor Plan Update


The City is updating the Witte Road Corridor Plan for the sections from SR 516 to SE 249th Place and SE 240th Place to SR 169. The basis for the update will be the 2001 Witte Road Corridor Study, the Maple Valley Non-Motorized Transportation Plan 2013, and the Transportation System Plan included in the 2011 Transportation Element.

Witte Road is considered a "Signature Street" in the City, and this plan update will focus on not only providing critical pedestrian, bike, and intersection improvements, but also creating a corridor that reflects the community character. The update will consider revisions to the 2001 Corridor Study necessary to reflect the realities of 2013 and beyond.

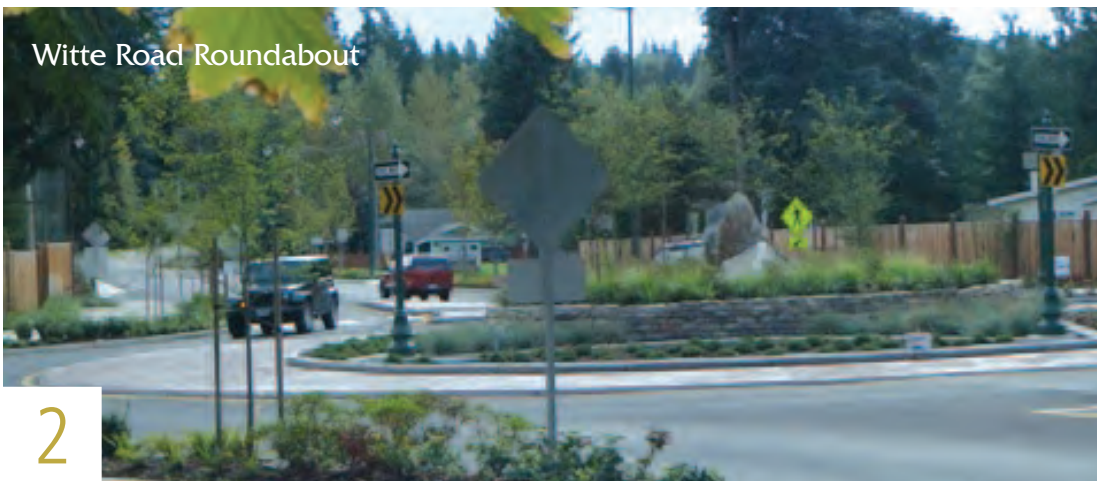
For more details, visit the Corridor Plan update page on the City's website at <http://bit.ly/1cpjGBB> 

The City of Maple Valley Celebrates the Annexation of Summit Place

On October 14, 2013, the Maple Valley City Council adopted Ordinance O-13-541 that will change the face of Maple Valley. The 156-acre parcel of property formerly known as the "Donut Hole" will officially become part of the City of Maple Valley in early December, 2013.

This action has been 16 years in the making. Thanks go to everyone who had a hand in the success of this annexation including Maple Valley Council, Maple Valley staff, King County Council and staff, the Governor's office, and the Washington State Legislature. 

Witte Road Roundabout



notes



This icon indicates the remainder of the article is on the city's website. Type in the web address at the end of the article to finish reading.



This is the end of the complete article.



Things to Do in Maple Valley

Over 22-thousand people call Maple Valley home. There's a strong sense of community here. We treasure our neighbors and treat strangers as friends, have the largest listing of festivals and events in the area, benefit from local access to regional parks and trails, and relish the small town feel that makes Maple Valley so special. Check out the "What's Happening" web page for more information at <http://bit.ly/1a57gjV>. Click to find information on the following:

- Calendar
- News Releases & Newsletters
- Public Notices
- Special Events at Lake Wilderness
- Recreation Programs and Activities
- Meetings, Agendas & Minutes of the City Council and other groups
- Current Projects
- Emergency Conditions Information

Quick Links to City Information



- **eNotifications Sign-up**
Sign-up to receive email notices of upcoming meetings, events, news related items, or job postings.
www.maplevalleywa.gov/enotices
- **New Residents Information**
Get links and contact information for several local and regional agencies that might be needed now or in the future.
<http://bit.ly/17qoRhU>

Lake Monitoring Continues Year-round

Things seem to quiet down on Lake Wilderness as summer gives way to fall. Behind the scenes, however, dedicated volunteers continue to work year-round on Lake Wilderness under the City's Volunteer Water Monitoring Program, collecting data on precipitation, lake level, surface water temperature, and water clarity.

This year the City says goodbye to volunteers Ray and Barbara Petit who retired from the Monitoring Program after fourteen years of dedicated monitoring of Lake Wilderness. With

the assistance from the Petits and other devoted volunteers who continue to monitor Lake Wilderness, Lake Lucerne, and Pipe Lake, the Water Monitoring Program yields a data base of water quality conditions of the lakes over time. The 2012 annual report, *The Lakes of Maple Valley and Covington*, is available online at the "About Our Lakes" page at <http://bit.ly/17UgOzJ>. Watch for the 2013 report, which will be posted on line during the first quarter of 2014. ☺



Enriching our community through quality human services and social activities.

- Youth Programs
- 50+ Programs
- Children & Family
- Community

Learn more: www.maplevalleycc.org • 425-432-1272 • 22010 SE 248th Street

City Council Meeting Schedule Update

The Maple Valley City Council has updated their meeting schedule beginning in January, 2014.

The first meeting of the year will occur on January 6, 2014. From that date forward Regular Business meetings will occur on the 2nd and 4th Mondays of every month. In the event the 2nd or the 4th Monday occurs on an observed holiday, the meeting will fall on the Tuesday after the holiday and will be held at the Lake Wilderness Lodge, 22500 SE 248th Street, Maple Valley. Council

may still schedule Special Meetings as necessary. Please see the City's website for the most current schedule or sign up for eNotification at www.maplevalleywa.gov.

All Regular Meetings begin at 7:00 p.m. and are held at:

Tahoma School District Central Services Facility
25720 Maple Valley - Black Diamond Road SE
Maple Valley, WA 98038 ☺

A Sign of the times

On December 4, 2013, the Maple Valley Planning Commission held a public hearing to take comment regarding proposed amendments to the Sign Code. Recognizing the needs of local businesses, particularly in this economy and the inequities between civic and commercial signs, the City initiated a review of the "A-board" section of the sign code.

The proposal would create a new code section and allow the placement of "Portable Signs" by

local businesses, including "A-board," "T-frame," and "H-frame" signs. The proposed amendment seeks to provide businesses an opportunity to use a portable sign without affecting the welfare of the public including pedestrian mobility and traffic safety. Another proposed change is to ensure that civic event or community service portable signs comply with the same standards as commercial signs eliminating the current inequities. ☺

Preparation for Winter Storms

continued from page 1 >

During:

- Bring pets/companion animals inside during winter weather. Move other animals or livestock to sheltered areas with non-frozen drinking water.
- Stay indoors during the storm.
- Walk carefully on snowy, icy, walkways.
- Avoid overexertion when shoveling snow. Overexertion can bring on a heart attack—a major cause of death in the winter. If you must shovel snow, stretch before going outside.
- Keep dry. Change wet clothing frequently to prevent a loss of body heat. Wet clothing loses all of its insulating value and transmits heat rapidly.
- Watch for signs of frostbite. These include loss of feeling and white or pale appearance in extremities such as fingers, toes, ear lobes, and the tip of the nose. If symptoms are detected, get medical help immediately.
- Watch for signs of hypothermia. These include uncontrollable shivering, memory loss, disorientation, incoherence, slurred speech, drowsiness, and apparent exhaustion. If symptoms of hypothermia are detected, get the victim to a warm location, remove wet clothing, warm the center of the body first and give warm, non-alcoholic beverages if the victim is conscious. Get medical help as soon as possible.
- Drive only if it is absolutely necessary. If you must drive, travel during the day, don't travel alone, keep others informed of your schedule, stay on main roads, and avoid back road shortcuts.
- Let someone know your destination, your route, and when you expect to arrive. If your car gets stuck along the way, help can be sent along your predetermined route.
- If the pipes freeze, remove any insulation or layers of news papers and wrap pipes in rags. Completely open all faucets and pour hot water over the pipes, starting where they were most exposed to the cold (or where the cold was most likely to penetrate).
- When using kerosene heaters, maintain ventilation to avoid build-up of toxic fumes. Refuel kerosene heaters outside and keep them at least three feet from flammable objects.
- Conserve fuel, if necessary, by keeping your residence cooler than normal. Temporarily close off heat to some rooms.
- If going away during cold weather, leave the heat on in your home set at a temperature no lower than 55°F.

After:

- Go to a designated public shelter if your home loses power or heat during periods of extreme cold. Text SHELTER + your ZIP code to 43362 (4FEMA) to find the nearest shelter in your area (example: shelter 12345).
- Continue to protect yourself from frostbite and hypothermia by wearing warm, loose-fitting, lightweight clothing in several layers. Stay indoors, if possible. ❄️

City Office Closing Dates

City offices will be closed on the following dates in December through February:

Wednesday, December 25, 2013
in observance of Christmas Day

Wednesday, January 1, 2014
in observance of New Year's Day

Monday, January 20, 2014
in observance of Martin Luther King's Birthday

Monday, February 17, 2014
in observance of Presidents' Day

Follow the City on Facebook

Keep up with the City of Maple Valley's latest news and events on Facebook.

www.facebook.com/maplevalleywa



CITY HALL DIRECTORY

Mailing Address for all Departments:
PO Box 320
Maple Valley, WA 98038
Website: www.maplevalleywa.gov

GENERAL ADMINISTRATION

22017 SE Wax Road, Suite 200
Phone: 425-413-8800; Fax: 425-413-4282
Hours: Monday – Friday, 8 a.m. – 5 p.m.

CITY COUNCIL

Bill Allison, Mayor
Victoria Laise Jonas, Deputy Mayor
Sean P. Kelly, Councilmember
Layne Barnes, Councilmember
Erin Weaver, Councilmember
Noel Gerken, Councilmember
Linda Johnson, Councilmember

The City Council conducts regular business meetings the second and fourth Mondays of the month; study sessions are held the first Mondays. Meetings are held at 7:00 p.m. at the Tahoma School District Central Services Facility, 25720 Maple Valley – Black Diamond Road S.E. The public is welcome at all City Council meetings.

CITY MANAGER

City Manager David Johnston
Executive Assistant Dorothy Stickney
City Clerk Shaunna Lee-Rice
Deputy City Clerk Bonnie Barney
Administrative Assistant Cereña Ellison
Human Resources Manager Julie Hunsaker
Administrative Assistant Carol Blevens

FINANCE DEPARTMENT

Finance Director Shawn Hunstock
Accountant Vacant
Accountant Ashley Van Dam
Accounting Clerk Natalie Oosterhof
IT Manager Viveka Lazor
GIS Analyst Steve Kincade
Computer Support Specialist Michael Dunning

PARKS & RECREATION DEPARTMENT

Parks & Recreation Director Greg Brown
Park Facilities &
Lodge Manager Tannley DeVincent
Recreation Manager Mark Ratcliffe
Recreation Specialist Bobby Quick
Administrative Assistant Deanna Parsons
Administrative Assistant Michael Henrich
Custodian/Ground
Maintenance Sarah Lopeman
Recreation Leader II Jen Edelhauser

POLICE DEPARTMENT

Phone: 425-413-5158 Fax: 425-413-5085
Police Chief Michelle Bennett
Sergeant Diana Neff
Detective Jeff Johnson
Officer Jeff Harmon
Officer Corey Baldwin
Officer Fred Didway
Officer Sam Hooper
Officer Rob Kearney
Officer Starla Martin
Officer Henry Pacey
Officer Christian Pedersen
Officer Cory Stanton
Officer Beth Thomsen
Officer Greg Victor
Police Civilian Assistant Robin Larsen

PUBLIC WORKS & COMMUNITY DEVELOPMENT DEPARTMENT

Director of Public Works & Community Development Department Steve Clark
Public Works:
City Engineer David Casey
SWM/NPDES Program Mgr Ken Srilofung
Capital Projects Manager Kim Scattarella
Infrastructure Maint. Mgr Gary Kennison
Construction Inspector Tom Bowen
PW Programs Project Manager Diana Pistoll
Maintenance Worker Marco King
Maintenance Worker Desmond Weaver
Maintenance Worker Danny Gravelle
Maintenance Worker Brian Wargo
Maintenance Worker Chris Fontana
Community Development:
Building, Planning, and Land Use
Senior Planner Matt Torpey
Senior Planner John Strandberg
Associate Planner Jeff Johnson
Building Official KC Ellis
Building Inspector Mike Bailey
Building Inspector Bruce King
Permit Technician Sally Wilson



Youth Dance Classes

Elevation Dance Company provides a high level of dance instruction. They offer a variety of dance class options to any students preferring an evening schedule. Elevation Dance classes are the perfect way to introduce your child to the world of dance without having the impact of expensive studio costs or traveling to get there. Owners, Stacy and Ashley pride themselves on providing a low stress, no pressure fun environment for all their students. Ashley quotes: "Dancers will have fun with creative and innovative choreography and receive quality dance instruction in a nurturing and productive environment"



All classes are held at the Lake Wilderness Lodge and registration is available online at the city's website: www.maplevalleywa.gov. If you have more questions please contact the instructors at Elevationdance@hotmail.com.

Meet the Instructors: Co-owners Staci and Ashley have each taught dance classes for over ten years and have experience with a wide range of ages. They are currently the coaches for the Kentridge High School Dance Team and were awarded Co-Coaches of the Year for Washington State for Dance in 2013. Each were performers for many years including multiple dance groups in Seattle including Sonics Dance Team, Westlake Dance Center, Enertia Dance Company, Eastside Moving Company, and En'Lair Dance Company. They have performed all over the USA including across the West Coast, Disneyland, Japan, and Jamaica.

No drop ins except where noted.

Dance Team Prep Class

This class is for those students currently on a high school or middle school dance team, or hoping to make one in the future. The class will focus on kick drills, stretching, jazz technique, leaps, turns and tricks. Dress Code: Dance Apparel *Instructor: Staci Mattson*

Ages	Day	Dates	Times	Fee
12-18	M	1/6-3/10	3:30-4:30p	\$96
Drop in rate \$15. Pay in office prior to class				
No class: 1/20, 2/17				

Me and My Shadow

Mommy/Daddy and Me Creative Movement Dance Class
Children will learn musicality, imagination, coordination and body movement with dance related activities; basic dance steps and stretches in a fun, safe environment with Mom or Dad. Dress Code: Comfortable clothes and shoes or Dance apparel like leotards, tights, tutus etc. *Instructor: Staci Mattson*

Ages	Day	Dates	Times	Fee
1-3	M	1/6-3/10	4:30p-5:15p	\$80
No class: 1/20, 2/17				

Jazz/Hip Hop Dance Combo Class

This class will break up the classes between learning jazz combos and technique to getting down and funky with street hip hop. Dance Apparel or comfortable clothes *Instructor: Staci Mattson*

Ages	Day	Dates	Times	Fee
8-11	M	1/6-3/10	5:15-6:15p	\$96
No class: 1/20, 2/17				

Ballet/Tap/Jazz Combo Class

Children will learn beginning ballet movement and tap sounds along with learning upbeat jazz combos. Emphasis is on rhythm and creative expression. Learn dance in a playful, imaginative and non-competitive environment. Dress Code: Dance Apparel like leotards, tights, tutu etc. Tap and Ballet Shoes Required.

Instructor: Ashley Naset

Ages	Day	Dates	Times	Fee
4-7	W	1/8-3/5	4:45-5:30p	\$80
No class: 2/19				

Cheer/Pom Combo Class

This class will have fun with learning cheers, jumps, flexibility and also how to shake those poms in a more precision dance style. Dress Code: Comfortable clothes and tennis shoes. *Instructor: Ashley Naset*

Ages	Day	Dates	Times	Fee
5-12	W	1/8-3/5	5:30-6:30p	\$96
Please pay the instructor a one-time fee of \$20 if your child would like to receive a pair of pom poms.				
No class: 2/19				

Teen Jazz/Hip Hop Combo Class

This class will break up the classes between learning jazz and hip hop combos. Every week will be a new combo to learn. This is an upbeat exhilarating class that will keep you moving and learning all the latest dance steps. Dress Code: Dance Apparel.

Instructor: Ashley Naset

Ages	Day	Dates	Times	Fee
13+	W	1/8-3/5	6:30-7:30p	\$96
Drop in rate \$15. Pay in office prior to class				
No class: 2/19				



Adult Sports Coming

Adult Coed Kickball League

Do you miss playing kickball? Maple Valley Parks & Recreation offers competitive and recreational kickball leagues each spring. Our kickball league is complete with umpires, postseason playoffs, and awards. Games are played on Sunday afternoons at Lake Wilderness Park. Teams receive one kickball at registration. Maximum of 12 teams will be allowed to register so early registration is encouraged. Registration deadline is 3/28/14.

Ages: 18+
Day: SU
Dates: 4/6-6/22
Times: 12-6p
Fee: \$485 per team

Adult Coed Softball League

Do you want to play softball? Maple Valley Parks & Recreation offers competitive and recreational slow pitch leagues each spring. The league is complete with umpires, postseason playoffs and awards. Games are played on weekday evenings at Lake Wilderness Park. Maximum of 8 teams will be allowed to register in each division. Early registration is encouraged starting on March 17 and the deadline is March 28.

Ages: 18+
Day: M-TH
Dates: 5/19-9/04
Times: 6 & 7:30p
Fee: \$675 per team

Adult Sports WINTER ❄️❄️❄️

Adult Coed Volleyball League

Maple Valley's popular winter volleyball league for adults returns in January at Tahoma Jr. High School. Three divisions will be offered: competitive, mid-level and recreational. Registration begins 12/2/13; registration deadline is 12/20/13 or when each division fills. Players without teams are encouraged to join the Players' Pool to be picked up or to form additional teams.

Age	Day	Dates	Time	Fee
18+	F	1/10-3/21	6:00-10:00p	\$445 per team



Adult Slow Break Basketball League

Maple Valley's unique Slow Break Basketball league plays 5 players a side, full court basketball with the "Slow Break" Rule – Ball cannot cross half court until the defense is back. This recreational league is complete with referees, postseason playoffs and awards. Games played on Friday evenings; other weeknights may be used. Maximum of 8 teams will be allowed to register so early registration is encouraged. Registration deadline is 2/21/14.

Age	Day	Dates	Time	Fee
18+	F	3/7-5/16	6:00-10:00p	\$595 per team



- Men
- Women
- Coed

Join the FREE Player's Pool

Want to play on a city league team but don't know how? Individual players can register on the FREE Player's Pool online at www.maplevalleywa.gov. Teams may be formed from the pool if enough players register.

- Volleyball
- Basketball
- Kickball
- Football
- Softball

The City of Maple Valley Parks & Recreation can help you find a team by placing you in our adult sports league player's pool. The pool of players is used by team captains who need players. Players are then contacted by the teams directly. New teams are formed if enough names are accumulated and one of those players is able to be the team's contact person. All skill levels invited. Register for the pool online by visiting: www.maplevalleywa.gov.



Join The Team.

Maple Valley Special Olympics Masters Basketball
 registration is now open.

Practice starts on December 2nd at
 Rock Creek Elementary School Gym
 7:30-9:00pm
 Registration ends January 8th

Go to www.mvsa.biz for contact information, season schedule and forms. Maple Valley Special Athletics encourages individuals with intellectual disabilities to stay physically fit and socially active by supporting athletic and interactive opportunities in the greater Maple Valley community. eMail: mvsa@mvsa.biz.

Yoga Classes at Lake Wilderness Lodge



There are many styles of yoga and all share a common lineage; the differences are usually in the emphasis used by each individual instructor, such as focusing on strict alignment of the body, coordination of breath and movement, holding the postures or the flow from one posture to another. No style is better than another; it's simply a matter of preference. We are pleased to be able to feature a couple of styles for you to try. Gentle yoga is offered on Mondays and Fridays from Frances Brent while our newest instructor, Heather Ballard will teach her style on Tuesdays and Wednesdays.

Basic and modified yoga poses are taught and individual corrections given. Over time, students will develop strength, flexibility, balance, concentration, and precision in movement. Regular yoga practice invites calmness and deep relaxation.



Bring a yoga mat and any other props you have. Some belts, blocks, and blankets are available for student use. All classes are held at Lake Wilderness Lodge, downstairs in the Dance Room. Class sizes are limited. Please register at least 24 hours before class start date at www.maplevalleywa.gov. **Classes with low enrollment may be cancelled so register early!**

Gentle Yoga with Frances

Dog! Cat! Cow! Eagle! Pigeon! Warrior! You can stretch, bend, twist and breathe in a supportive gentle yoga class. This class is ideal for a beginner or a person with some experience.

Basic and modified yoga poses are taught and individual corrections given. Over time, students will develop strength, flexibility, balance, concentration, and precision in movement. Regular yoga practice invites calmness and deep relaxation. This is not a therapeutic class and cannot address the needs of individuals with serious conditions.

Instructor: Frances Brent; Email: narf45brent@yahoo.com;
Phone: 425.432.3986.

Monthly Session Fee: Guarantees your space in class.

Drop in: \$15- participation on a space available basis.

5 Class Card: \$70 - participation on a space available basis.

Gentle - Monday Evening

Age	Day	Date	Time	Fee
18+	M	12/9, 16, 23, 30	5:30-7p	\$48
18+	M	1/13, 27	5:30-7p	\$24
18+	M	2/3, 10, 24	5:30-7p	\$36
18+	M	3/3, 10, 17, 24	5:30-7p	\$48

No class held on 12/2, 1/6, 1/20, 2/17, 3/31

Gentle - Friday Morning

Age	Day	Date	Time	Fee
18+	F	12/6, 13, 20, 27	9:30-11a	\$48
18+	F	1/17, 24, 31	9:30-11a	\$36
18+	F	2/7, 14, 21, 28	9:30-11a	\$48
18+	F	3/7, 14, 21, 28	9:30-11a	\$48

No class held on 1/3, 1/10



Yoga classes are great and can help you get ready for winter snow sports, reduce stress and lose weight.



Yoga Combo Slow Flow & Yin

Slow Flow Yoga is a slower paced Vinyasa class where poses are held for longer periods of time. Emphasis is placed on increasing flexibility, building strength and balance, breathing mindfully, strengthening mental focus, and relaxing into the moment.

Yin Yoga is a more deeply meditative practice where postures are held for an extended period of time. Yin Yoga is designed to exercise the ligaments and to regain space and strength in the joints slowly and safely over time.

Each class will either be exclusively Slow Flow or Yin or a blend of both styles. Suggestions for those who want to intensify their practice as well as modifications and props for those who are newer, make this class appropriate for all. Questions please contact the **Instructor:** Heather Ballard, RYT 200 at hryoga@comcast.net or (206) 571-4248.

Monthly Session Fee: Guarantees your space in class.

Drop in: \$12 - participation on a space available basis.

5 Class Card: \$55 - participation on a space available basis.

Morning

Age	Day	Date	Time	Fee
16+	TU	12/3, 10, 17	10-11a	\$30
16+	TU	1/7, 14, 21, 28	10-11a	\$40
16+	TU	2/4, 11, 18, 25	10-11a	\$40
16+	TU	3/4, 11, 18, 25	10-11a	\$40

Evening

Age	Day	Date	Time	Fee
16+	W	12/11, 18	7:30-8:30p	\$20
16+	W	1/8, 15, 22, 29	7:30-8:30p	\$40
16+	W	2/5, 12, 19, 26	7:30-8:30p	\$40
16+	W	3/5, 12, 19, 26	7:30-8:30p	\$40

Barre Fusion Class

Barre Fusion is a non-impact, one-hour workout that blends the ballet barre technique with pilates, yoga, and body weight strength training. This workout requires mental focus as muscles are strengthened then stretched. The result is the recognizable Barre body, featuring the sculpted arms, flat abs, lifted seat, and elongated thighs of a dancer. Students should bring their own mat, water bottle, and sweat towel. This class is open to all 16+. Contact cory@rizzmic.com with any questions regarding Barre Fusion. No Ballet experience is required. Class size is limited to 18 participants. *Instructor: Cory Crawford*

Monthly Session Fee: Guarantees your space in class and is your best option as this class fills quickly.

Drop in rate \$8. Pay in office prior to class. If space permits. If paying by cash please bring the exact amount to the Parks & Recreation office prior to class, no change can be given.



Age	Day	Date	Time	Fee
16+	TU	1/7-1/28	5:45-6:45p	\$24
16+	TU	2/4-2/25	5:45-6:45p	\$24
16+	TU	3/4 -3/25	5:45-6:45p	\$24

Morning Barre Fusion Class

Barre Fusion is a non-impact, one-hour workout that blends the ballet barre technique with Pilates, yoga, and body weight strength training. This workout requires mental focus as muscles are strengthened then stretched. The result is the recognizable Barre body, featuring the sculpted arms, flat abs, lifted seat, and elongated thighs of a dancer. No ballet experience is required. Students should bring their own mat, water bottle, and sweat towel. Contact cory@rizzmic.com with any questions regarding Barre Fusion. Class size is limited to 18 participants. *Instructor: Cory Crawford*

Monthly Session Fee: Guarantees your space in class.

Drop in: \$8 – participation on a space available basis.

Age	Day	Date	Time	Fee
16+	M	1/6-1/27	9:30-10:30a	\$18
16+	M	2/3-2/24	9:30-10:30a	\$18
16+	M	3/3 -3/31	9:30-10:30a	\$30 (5 Mondays)

No Class offered on 1/20 and 2/17

**Rizzmic® All American Dance Fitness Class**

Rizzmic® is an All American Dance Fitness format that uses exclusively American music paired with its Authentic Movement. You can experience such variety like Country, Hip Hop, Jazz, Disco, and so much more! This class is open to all 16+. Students should wear comfortable clothes and tennis shoes. Contact cory@rizzmic.com with any questions or check out www.rizzmic.com for more information regarding Rizzmic. *Instructor: Cory Crawford*

Monthly Session Fee: Guarantees your space in class. \$5/class

Drop in: \$6 – participation on a space available basis.

10 Class Punch Card: \$45– participation on a space available basis.



Age	Day	Date	Time	Fee
16+	TU	1/7-1/28	7:00-8:00p	\$20
16+	TU	2/4-2/25	7:00-8:00p	\$20
16+	TU	3/4 -3/25	7:00-8:00p	\$20



**See Our Coupon
on Page 14**

www.covington.wbu.com



Stroller Strides – A Fitness Class for Moms & Kids

Stroller Strides® is a stroller-based fitness program designed for moms with little ones. Each 60-minute, total body workout incorporates power walking, strength, toning, songs and activities. Certified fitness instructors offer a variety of fun class formats making the class fun for mom and baby! Your first class is always free! All children MUST stay in the stroller at all times. Class meets in the large room in the lower Lodge beginning in November. Contact Kristy at kristy@fit4mom.com for more information! Registration is only available by going to <http://sekingcounty.fit4mom.com> *Instructors: Kristy Fassio & Lauren Hatcher*

Monthly Session Fee: \$55; **Drop in:** \$12; **10 class card:** \$110

Ages	Day	Dates	Time	Fee
18+	M/W/F	Ongoing	9:30-10:30 am	\$55
Please register for class at http://sekingcounty.fit4mom.com . No class: 12/4, 12/19 -1/3, 1/20, 2/17				



ZUMBA® Fitness Classes

Lose yourself in the music and find yourself in shape in this dance-fitness class. Zumba® blends upbeat, high-energy Latin and international beats in easy to follow choreography. You will experience a total body workout that will get your energy soaring. Ditch the workout and join the party! All classes held at Lake Wilderness Lodge. *Instructor: Sarah Jensen*

Monthly Session Fee: Guarantees your space in class.

Drop in Fee: \$6.00 per class – participation on a space available basis
Punch cards available 10 classes for \$45.00 - participation on a space available basis

Age	Day	Date	Time	Fee
16+	M/TH	12/2-12/30	7:30 – 8:30p	\$45
16+	M/TH	1/2-1/30	7:30 – 8:30p	\$40
16+	M/TH	2/3-2/27	7:30 – 8:30p	\$35
16+	M/TH	3/3-3/27	7:30 – 8:30p	\$40
No class: 1/20, 2/17				



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- Sedation Dentistry
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Dental implants are the modern alternative for permanent tooth replacement. Using implants, our team can actually create replacement teeth which look and function just like your natural teeth.

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Adult Art Classes

Adult Silk Scarf Dyeing Workshop

One night only, come dye your very own habotai scarf (also known as "china silk" - a soft and supple fabric with a lustrous sheen). Witness the dye come alive and dance on your 100% silk scarf. We provide the materials needed for this fun filled evening and you may want to plan on designing a second scarf as a gift? We will even decorate our own gift boxes and wrap them that evening. Bring a snack and something to drink and be ready to enjoy a relaxing evening getting creative. Classes held at Lake Wilderness Lodge. *Instructor: Cathi Christianson*

Age	Day	Date	Time	Fee
18+	W	12/11	7:00-8:30p	\$20

A \$10 supply fee (add \$5 for additional scarfs) is to be paid to instructor on the first day of class.

Art with Reckless Abandon for Adults

We will paint, color, and collage in this class with reckless abandon - meaning without care or regard for consequences. This is the art class for you if you ever get nervous about art - even drawing stick figures or painting by numbers. You will be pleasantly surprised what fun you can have doing art when you start creating in the moment without worries. Classes held at Lake Wilderness Lodge. *Instructor: Cathi Christianson*

Age	Day	Date	Time	Fee
18+	TH	1/16	7:00-8:00p	\$20
18+	TU	2/11	7:00-8:00p	\$20
18+	TH	3/20	7:00-8:00p	\$20

A \$5 supply fee is to be paid to instructor on the first day of class.



Wild Birds Unlimited
Nature Shop

www.covington.wbu.com

\$5 OFF any purchase
over \$25.00
with this coupon
offer expires 3/15/14

Located between Home Depot & Red Robin (Covington)



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MultiCare Allenmore Hospital ~ MultiCare Auburn Medical Center
MultiCare Good Samaritan Hospital ~ MultiCare Mary Bridge Children's Hospital
MultiCare Tacoma General Hospital ~ MultiCare Clinics



Register to Vote!



www.LakeWildernessGC.com

Lake Wilderness Golf Course now has a FREE Mobile App!!

The Lake Wilderness Golf Course now has a FREE Mobile App to enhance your golfing experience! It is available in the Apple App Store and the Android Market by searching "Lake Wilderness Golf".

Our FREE Lake Wilderness App offers:

- Interactive Scorecard
- 3-Click Tee Time Bookings
- Free GPS
- Hole Descriptions & Playing Tips
- Live Leaderboards
- Course Tour
- App only Special Offers
- Cafe Menu

Scan the QR Code to download now!

Lake Wilderness Golf Course

\$5.00 OFF

Present this Coupon at Lake Wilderness Golf Course and Receive \$5.00 OFF the regular 18 hole rate.

Offer Valid 7 days a week after 10:00AM
Coupon must be presented at time of check in
Coupon may not be combined with any other offer/special/discount
Photocopies accepted
Coupon Valid through 3/31/2014

Winter Golf Memberships
(November 1, 2013 - February 28, 2014)
NOW AVAILABLE

We offer two different membership categories which help you maximize your golfing dollars from November through the end of February.

Preferred Plus \$199.00

- Nov. - Feb. Unlimited Golf 7 days a week
- 10% discount in restaurant and golf shop

Preferred \$159.00

- Nov. - Feb. Unlimited Golf Monday - Friday
- 10% discount in restaurant and golf shop

Yearly Golf Memberships
ALSO AVAILABLE

We offer four different membership categories which help you maximize your golfing dollars year round. Call the golf shop or visit www.lakewildernessgc.com for details.

JOIN NOW!

25400 Witte Road SE • Maple Valley • (425) 432-9405

Thank you to all 2013 Special Event Sponsors

Independence Day

Title Sponsor **Fred Meyer**

Good Chevrolet
Waste Management
Safeway
Johnson's Home and Garden
Foley's Produce

Kids' Festival

Title Sponsor **Fred Meyer**

Good Chevrolet
Waste Management
MV Firefighters Local #3062
My Gym
Jr. Junction Day School
Bike Masters & Boards

Music in the Park

Good Chevrolet
Wilderness Village Properties
Maple Valley Town Center
Maple Valley Signs

Wilderness Business Park
Maple Valley Center
Wilderness Village Plaza
All Properties Managed by:
Flynn Development



Family Night in the Park

Title Sponsor **Fred Meyer**

Waste Management



Holiday Lights

Title Sponsors



Waste Management
Republic Service
Maple Valley Fitness
Real Life Church
All Pets Pet Sitting

Thank You to our 2013 Youth Sports Sponsors

Spring T-Ball Sponsors

League Sponsor



Team Sponsors:

Allison Kutz, DDS.
Charles Schwab
Cornerstone Lending
Crawlspace & Attics NW
Dan Neilsen Law Offices
Emerald Services
Fountain Court Assisted Living
Jr. Junction Day School
Kirby Nelson Orthodontics
Kinder Swimmer
Legends Sports Photography
Maple Valley Electric
Maple Valley Farmer's Market
Northwest Asphalt
Nutty Squirrel Gelato
Patti Jenson Allstate Agency
Paul Towey - John L. Scott Realty
Rock Creek Select Baseball Camps
Rock Creek Sports
Rude Family Dentistry
Smith Brothers Farms
Swimmers Lane
Tahoma Coop Preschool
Thrive Community Fitness
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Woodmen of the World
Woody's Hardwood Flooring

CAMP WILD Sponsor



Fall Pee-Wee Sponsors

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Advocate
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First Impressions Dental Care
Fountain Court Assisted Living
Kirby Nelson Orthodontics
Lakeridge Paving
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Legends Sports Photography
The Little Gym
Malcolm Drilling
Maple Valley Electric
Markus Excavating LLC
Nutty Squirrel Gelato
Patti Jenson Allstate Agency
Rock Creek Select Baseball Camps
Rude Family Dentistry
SEACON
Swanson Bros. Concrete
Swimmers Lane
Tahoma Coop Preschool
Thrive Community Fitness
Valley Automotive
Wood Law Offices

Attention Business Owners!

Special event sponsorships are now available for 2014



Plan now to get your business name out there and support your community at the same time.

A great investment for your marketing dollar!

All sponsorships include your information being included in this publication in the Spring/Summer Edition which is sent to over 12,000 households in the Maple Valley area in mid-March.

- Independence Day
- Music in the Park Series (4) concerts
- Kids Festival
- Family Night - Concert & Movie Under the Stars
- Holiday Lights at the Lodge

Please contact the Recreation Division for "early bird" opportunities
Jennifer.Edelhauser@maplevalleywa.gov

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16 Holiday Lights Celebration

SPONSORED BY:

Fred Meyer



City's Annual Holiday Lights Celebration Set for December 4th!

The Annual City of Maple Valley Community lighting and Holiday Party is set for Wednesday, Dec. 4th from 6 – 8 PM at Lake Wilderness Park, Lodge and Arboretum. Fred Meyer is the title sponsor of this exciting event and wants to invite all of Maple Valley to come out and experience the thousands of festive lights, creative displays, refreshments and those familiar sounds of the holidays.

Walk or take a ride through the display on the Holiday Express Trackless Train. Holiday entertainment for the evening will be provided by roving Dickens Carolers, Maple Valley Youth Symphony Orchestra, and others. Santa will arrive via Maple Valley Fire & Life Safety Holiday Engine with a candy cane and a picture opportunity for all.

Parking for the public will be available in the lighted lower main parking lot by the beach with a lighted walkway to the activities happening in and around the Lodge. Canned food, new toys and cash donations for the Maple Valley Food Bank will be accepted during the event.

The City of Maple Valley Parks & Recreation would like to invite anyone 14 or over who would like to volunteer to help with the event to contact Jennifer.edelhauser@maplevalleywa.gov or call (425) 432-9953.



The Lake Wilderness Arboretum Foundation maintains and develops the Lake Wilderness Arboretum through a joint use agreement with the City of Maple Valley.

The 40-Acre Arboretum is located in Maple Valley, WA adjacent to Lake Wilderness Park. We provide ongoing maintenance and improvements to forested areas, trails, and gardens help provide a setting where visitors can enjoy and study both natural and cultivated settings in an otherwise urban area. With the rapid loss of open space and environmental learning opportunities, the Arboretum trail system and gardens provide a unique opportunity for those who visit.

The arboretum is a wonderful destination for a day of enjoying nature, school trips, volunteering in the gardens, or enjoying one of our docent-led tours.

We offer a wide variety of opportunities for members, the local community, service groups and youth groups to contribute to the nurturing of the Arboretum. Whether you have a few hours to commit or many, there's a place for your talents. Drop in volunteer days are held every **Wednesday and Thursday 9am-12, and 9am-12 the first and second Saturday of every month**. Special volunteer days may also be arranged for your group. If you or your organization is interested in volunteering or organizing a volunteer event at the Arboretum, please email director@lakewildernessarboretum.org. No experience is necessary. Join us and meet some new friends, you'll be glad you did! 22520 SE 248th • Maple Valley, WA 98038
www.LakeWildernessArboretum.org

Lake Wilderness Lodge

Call or Click for Reservations & Info:
(425) 432-9953
www.maplevalleywa.gov

Fabulous Annual Event

Bridal Wedding Open House

Saturday, Feb 22, 2014
10am - 4pm

Meet Vendors & Get Great Ideas!



Beautiful Setting Year Round

Good time to Book Best 2015 Dates.

Save 10%-20% if you Book at Event.

For New Bookings only and cannot be combined with other offers. Applies to facility rental fees only.